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HILLCREEK FIBER NEWS

Published twice yearly by

Carol Leigh's Specialties

Established 1982

Specializing in Custom Handwoven Textiles, Nature-Dyed Fibers, Handspun Yarns using natural fibers and dyes

Home of the Spriggs 7' Adjustable Triangle & Rectangle, and 5' Adjustable Square Frame Looms

HILLCREEK FIBER STUDIO

Established 1986

Specializing in Workshops in Nature-dyeing, Spinning, and Weaving, and in related tools, supplies and books

Bed & Breakfast and Airport Shuttle Service from St Louis & Kansas City available for students

Carol Leigh's HILLCREEK FIBER STUDIO

Autumn 2010, Vol XXVIII, No 2

Event Calendar for 2010 - 2011

Subscription \$8.00/year for two issues

Autumn Greetings, Fiber Friends!

This Hillcreek Fiber News is arriving a little late this fall for several reasons. Carol Leigh has been attending events non-stop, plus our newsletter publisher, Phil, has been attending to some medical needs.



One of these exciting events was the **American Textile Society's** conference in Lincoln, Nebraska. Its focus this year was on natural dyes, so of course I had to attend as a vendor. I was surprised to be the only vendor offering natural dyes for sale. I visited with both international dye specialists **Jenny Balfour-Paul** from England, author of *Indigo* (\$75), and **Dominique Cardon** from France, author of the most comprehensive book on natural dyes, *Natural Dyes, Sources, Tradition,*

Technology and Science, \$175. Her workshop on (reds and purples) filled many months before the conference. I regret not being able to attend her workshop, but did meet her when she autographed her book for me. She's a delightful person, and her extensive research on dyes is remarkable. I had met Jenny at an earlier International Dye Conference in 2002. Dominique will be co-hosting the International Symposium and Exposition on Natural Dyes (ISEND) in France April 24-30, 2011. I hope to attend.

Our **September Missouri Dye Workshop** yielded exceptionally beautiful colors this year. We had a challenge finding elderberries as the growing season seemed to be much earlier than normal. However its colors were exceptionally delightful: beautiful lavenders, teals, and greens. See our web site newsletter pictures of the workshop for details in living color on page 10! I always love the colors nature provides — every color in the rainbow, and much much more!

Other exciting news: our affiliate **True Blue Fiber Friends** has moved to a new location — higher visibility and lower overhead — both important in these economic times. Shella, Bex, and Rose can be found in the Forum Shopping Center, corner of Stadium and Forum Boulevards, in Columbia, Missouri. Phone number and web site are still the same: 573-443-TBFF (8233), www.truebluefiberfriends.com. They just hosted acclaimed knitting author, Lucy Neatby, for three days of workshops. See pages 8 and 9 for more details.

As I write this I have been marveling at the most unusually beautiful weather we have experienced this fall. The leaf colors are glorious as we travel to New York for the Rhinebeck Sheep and Wool Festival, then through Pennsylvania and down

(Continued on Page 3)

Carol Leigh's Specialties
and
HILLCREEK FIBER STUDIO
for weaving, spinning, and dyeing
supplies & Workshops
7001 S Hill Creek Road, Columbia, MO 65203

Call 573-874-2233 for inquiries,
or the toll free number:
1-800-TRI-WEAV (874-9328) for placing orders

Web Site: www.HillcreekFiberStudio.com
with an *on-line* Shopping Cart WebStore

SUBSCRIPTION RATES:

Annual subscription rate for *Hillcreek Fiber News* hard copy is \$8.00 for two issues, Spring and Autumn. Single Copy, \$5.00. Students and customers with purchases during the year of \$20 or more will receive a complimentary issue. E-mail issues are free.

CLASSIFIED AD RATES:

For a listing under **Equipment/Fiber Sources** or other classified columns, please remit \$10 by March 15, 2011 for inclusion in the Spring, 2011 issue. Limit ad to 30 words in addition to your name, address & phone number. (See Page 11.) Circulation is now around 7000 fiber-interested people.

WEAVING STUDIO HOURS:

Hillcreek Fiber Studio is a working studio & mail order service. Please call **573-874-2233** or **1-800-874-9328** before planning a trip to the Studio. **Studio hours** are: **Tuesday through Saturday**, 9 am to 5 pm, by appointment only. At other times, **please leave a message** and we will return your call ASAP.

DEALERSHIPS

carried by **Carol Leigh's HILLCREEK FIBER STUDIO**

ALLIANCE IMPORTS Dyes

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SNIPES Weaving & Spinning Tools

SPRIGGS CUSTOM WOOD PRODUCTS Adjustable Triangle, Square, and Rectangle Looms; Navajo & Inkle Looms; Drop & Navajo Spindles; Warping Boards; Maru-dai

THE SPINNING STUDIO St Blaize Combs

UNICORN BOOKS every type of fiber-related book

VICTORIAN VIDEO PRODUCTIONS

YARNS and FIBERS: BROOK'S FARM YARNS, BROWN SHEEP CO., CRYSTAL PALACE, DRAGON TALES,

ELLEN'S 1/2 PINT, FIESTA YARNS,

FROG TREE, GREAT NORTHERN, HARRISVILLE,

JAGGERSPUN, LOUËT, MAYSVILLE,

OAK GROVE, PERLE COTTONS,

SOUTHWEST TRADING, Ashford TEKAPO,

VERSEIS/FOXFIBRE, WEAVING SOUTHWEST

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HILLCREEK FIBER STUDIO WEEKEND & LONGER WORKSHOPS

Taught by **Carol Leigh Brack-Kaiser**, unless otherwise noted

2010

Nov 6 - 8 **CONTINUOUS STRAND WEAVING, BEGINNING THROUGH ADVANCED TRIANGLE, SQUARE, AND RECTANGLE**
 Nov 14 - 19 **NAVAJO WEAVING WITH SARAH NATANI**

2011

Feb 12-15 **BEG/INTERMED. FOUR TO EIGHT-SHAFT WEAVING**
 Feb 19 - 20 **BEGINNING SPINNING**
 Feb 20 - 21 **INTERMEDIATE SPINNING, DESIGNER YARNS**
 Feb & April Private Spinning lessons, call to set date/time
 March 5-6 **ANCIENT DYES, THE LESSER KNOWN DYES**
 March 26-29 ... **BEGINNING NAVAJO WEAVING**
 April 2-4 **CONTINUOUS STRAND WEAVING, BEGINNING THROUGH ADVANCED TRIANGLE, SQUARE, AND RECTANGLE**
 July 17 - 22 **FIBER FURLOUGH ONE**
 July 24 - 29 **FIBER FURLOUGH TWO**
 Sept 10 - 11 **MISSOURI DYE PLANTS**

Tuition: Two days, \$130; three days, \$185; four days, \$240; five and 1/2 days, \$325. Workshop with guest instructor, \$425. Tuition includes hot lunches. Deposit of one-half tuition will hold a space for you. Bed & Breakfast available at the Studio: \$45/night. Airport shuttle available from St. Louis and Kansas City airports to Studio. Also, some flights arrive at Columbia Regional airport. Call toll free to reserve space in a class or two: **1-800-TRI-WEAV (874-9328)**

Partial Listing - MISCELLANEOUS Items

Sterling & Pewter Jewelry by Ram's Horn
Brass Shawl & Kilt Celtic brooches by Mountain Forge
Handmade Bookmarks/Notecards by Moosetrack Studio
Lucets by Peggy Ledrich

through Virginia to Asheville, North Carolina for the Southeast Animal Fiber Fair. This is our bittersweet farewell for both these events. We will miss our loyal customers and friends, but our bodies will be relieved of the stress and strain of packing and setting up for these events. We have been vending at these two shows and teaching at SAFF for nearly 20 years.

Yes, we ARE planning to vend at the Maryland Sheep and Wool Festival one more time, spring of 2011, mainly to promote the *Continuous Strand Weaving Method* book which will be off the press by then! We are planning workshops and book promotions in Kentucky and New York shortly thereafter. Continue to check our web site and our spring newsletter for details. If you would like to schedule a workshop or presentation on the Continuous Strand Weaving Method (or Navajo Weaving) in your area, please contact me at 1-800-874-9328 (TRI-WEAV).

And yes, I do plan to continue attending the 10-day living history fur trader rendezvous. Even though the set-up is physically strenuous, the pace of the event is slower. After all, the time period is 1640 to 1840 — no electricity or phones, and all that comes with that! It's a time for me to slow down and enjoy a slower life-style, some time to teach and to create, to participate in the Highland Games, and to enjoy period music and good friends. See contact information on page 11.

DYER SITUATION, News on the Natural Dye Front:

Cochineal prices have tripled in the past few months for several reasons, all based on supply and demand. Europe has legislated that no synthetic red dyes may be used for food coloring. Cochineal is the safe red food dye of choice. The Fashion industry in China, Japan, and South Korea is desiring cochineal red. The cochineal crop in Central and South America has been devastated by severe flooding this growing season. And, there's a rumor which dismays me that some chemical company has invested in large cochineal plantations and plowed them under to weaken the competition of natural dyes with petroleum-based synthetic dyes.

For those who aren't familiar with it, Cochineal is a small scaled insect which is raised on prickly pear cactus as a parasite. It is scraped off the cactus and dried for use and export. Cochineal was used by the Aztec and became the most important red dye in Europe after Spain discovered South America. It has always been the most expensive dye available, the price moving up and down based upon supply and demand.

We DO have a source for cochineal and plan to keep it in stock, even at the higher price.

Brazilwood Chips for reds and purples are no longer available due to destruction of the rainforests in Central and South America. I have heard through a source that the Peruvian consulate claims there is a project under way to establish Brazilwood plantations. It will take quite a few years before the trees are large enough to harvest. However, we have **Brazilwood Extract** and **Recycled Brazilwood Sawdust** here at the Studio.

NEW DYE PRODUCTS: Instant Indigo and Indigo Dye Kit.

Instant Indigo is a form of indigo already reduced, then freeze-dried. Just mix with water and you are good to go! Regular **Indigo** vat dyeing is different from other dye processes. The regular Indigo vat needs to be chemically balanced before the Indigotin (white indigo) will properly attach to the surface of the fiber and turn blue when oxidized by air without crocking off. The vat balancing requires reduction (removing of oxygen from the dye bath) and raising the alkaline balance to between pH of 10 and 11, depending upon the type of fibers being dyed. **Instant Indigo** is already balanced, just mix with water. If the bath becomes "tired" (too much oxygen added during the dipping of fibers) let the bath rest to rebalance itself. A little Thiox (oxygen remover) may need to be added after the vat has been used sufficiently.

Speaking of **Indigo**, **Bex of True Blue Fiber Friends** has developed an **Indigo Dye Kit** (\$38) with all the ingredients and recipes for two different indigo vats: one for shibori and tie-dye resist dyeing on cotton and silk using synthetic indigo with zinc and lime, and the other for immersion dyeing of protein (animal) fibers using powdered natural indigo with Thiox and lye. There are enough ingredients to dye more than four pounds of fibers. The kit is available through TBFF or Hillcreek Fiber Studio.

ANOTHER NEW DYE PRODUCT: Mungeet (*Rubia cordifolia*) **Madder Root** from India. I haven't had an opportunity to try this yet. It consists of more purpurin for more red/purple color.

For nearly 30 years we have carried and promoted natural dyes. We are encouraged by the growing interest world wide in going back to nature for dyes, food, clothing, and medicine. Speaking of medicine, there is growing research showing the medicinal benefits of natural dyes: antioxidant and cancer fighting properties of uncured red logwood; and health benefits of wearing clothes dyed with indigo, madder root, and more versus negative effects of wearing clothes dyed with synthetic petroleum-based dyes, to name just two. We carry natural dyes and dye aids from Alkanet to Zinc.

Status on THE BOOK

New creations for the *Continuous Strand Weaving Method* book include two capote coats; a double-weave pickup stadium blanket (almost finished); a chenille bath towel, wash cloth, and monogrammed hand-towel set in Colorganic cotton; several pouches; and a Huck-Huck Bread Cloth. (No, that's not redundant. It's a bread cloth woven in Huck Lace weave structure with Huck Embroidery embellishment.)

Capotes are historic ample coats sewn from heavy blankets cut into rectangle and square shapes. The capotes in the book use all three shapes of our large adjustable looms: rectangles for the body of the coat, squares for the sleeves, and a triangle folded for the hood. The MU Stadium Blanket is double-woven in black and gold. The two layers are interchanged for the reversible pattern of tiger stripes, tiger paws, and the letters "M" and "U" for the University of Missouri.

We have just a few projects to finish for the book, and are still planning to get the book to the printer some time in December. It's not too late to pre-order the book at the pre-publication price of \$59. We will run your credit card only when we take the book to the printer. You will receive an autographed copy.

DISCONTINUED AND SALE ITEMS

Regretfully, in these tough economic times manufacturers choose to discontinue items they determine are not economically profitable for them. These items are often some of our chosen favorites, and include:

Louet S-75 model spinning wheel. This was our favorite Louet model as it looked more traditional with its turned spokes in the drive wheel than just dowels or cut-out plywood. Although Louet is no longer offering them, we have three left in stock. Louet wheels are very easy to learn on with their double-treadle bicycle treadling action, slanted orifice, large bobbins, and simple tensioning and drive ratio adjustments. \$711 in kit (one left), \$780 assembled (two left).

Louet Attachable Yarn Winders. These attach to the upright post of the Louet S-75 wheels and are a substitute for a separate niddy noddy for winding handspun yarns right off the wheel into a skein for washing. We have four left at \$128. SALE, \$98. Purchase with a Louet S-75 wheel, \$78.

Harrisville Wool Loops for Potholder Looms. We mentioned this item in our last newsletter. Harrisville has **discontinued** carrying wool loops. We love the wool loops so much that we **bought out all Harrisville's undyed loops and have been dyeing them with natural dyes.** We dyed over 60 colors during our Missouri Dyeplant workshop in September. These are one-of-a-kind colors and have been a real hit! Wool is more insulative than other materials and is fire resistant: both important qualities when handling hot items over a fire. When they're gone, they're gone! \$7.50 for enough loops for one potholder, \$42 for one pound of undyed loops—enough to weave 11 potholders. We still have plenty of Harrisville-dyed Hyacinth (purple) and Marigold (gold) wool loops left at \$6 per potholder. Mix and match colors for your own unique potholders. Of course, we still carry the sturdy metal potholder looms and a full complement of cotton loop colors, \$15 for loom with enough cotton loops for two potholders.

Cotton Yarn. Prices have risen up to 40 percent over the past few months as less cotton is being grown in the USA and mills are all moving overseas. **Cotton Carpet Warp** and **Cotton Dragon Tale** yarn prices have jumped. We still have some left at the old prices. Call for availability: Carpet warp is now \$6.95/per 8 ounce tube, a major jump in price from \$6.10. We still have some at old prices from \$5.30 up. All colors in stock.

Dragon Tale yarns, both 8/4 and 8/2, now \$13.90 solid colors, \$16.40 variegated. Prices were \$10 and \$11.70 respectively for 8 ounce cones. Still have most colors in stock at old prices. **Dragon Tale Cotton Flake** yarns have been **discontinued** all together. We still have some left. Call for availability.

Christmas/Holiday Gift Giving

Please order by December 15 to allow for delivery by Christmas, especially on the Spriggs Adjustable Tri-, Rectangle, and Square Frame Looms, and also the various Travel-size looms manufactured here at our Hillcreek Fiber Studio.

Special 10% discount on above orders placed between November 26 and December 15, 2010

Hillcreek Fiber Studio 2010 - 2011 Workshop and Event Calendar

Date	Workshops/Events	Location
<u>2010</u>		
Oct 6-9	Textile Society of America Symposium, focus on Natural Dyes	Lincoln, NE
Oct 15 - 17.....	New York Sheep & Wool Fest, Vendor, Dutchess Co Fairgrounds, Bldg 22	Rhinebeck, NY
Oct 21 - 24.....	Southeast Animal Fiber Fair, Vendor, Continuous Strand workshops	Asheville, NC
Nov 6 - 8	CONTINUOUS STRAND WEAVING, Beginning through Advanced, Triangle, Square and Rectangle Shapes , Hillcreek Fiber Studio	Columbia, MO
Nov 14 - 19	NAVAJO WEAVING - BEGINNING TO ADVANCED , with Sarah Natani, HFS	Columbia, MO
Nov/Dec	Finish THE Book and get it to the printer	
<u>2011</u>		
January 12-23..	Alafia River Rendezvous	Homeland, FL
Feb 12 - 15	BEG/INTERMED FOUR TO EIGHT-SHAFT WEAVING , Hillcreek Fiber Studio .	Columbia, MO
Feb 19 - 20	BEGINNING SPINNING , Hillcreek Fiber Studio	Columbia, MO
Feb 20 - 21	INTERMEDIATE SPINNING, Spinning Designer Yarns , HFS	Columbia, MO
Feb 25 - 27	Missouri Fiber Artists' Retreat, Rickman Center	Jefferson City, MO
Mar 5 - 6	ANCIENT DYES, The Common Ones , Hillcreek Fiber Studio	Columbia, MO
Mar 11 - 13	Fiber Retreat, Lincoln University Extension, Vendor, Continuous Strand Weaving	Jefferson City, MO
Mar 26 - 29	BEGINNING NAVAJO WEAVING , Hillcreek Fiber Studio	Columbia, MO
April 2 - 4	CONTINUOUS STRAND WEAVING , Hillcreek Fiber Studio	Columbia, MO
April 10	Blue Party, True Blue Fiber Friends	Columbia, MO
April 24 - 30 ...	International Symposium and Exhibition for Natural Dyes (ISEND)	La Rochelle, France
May 6 - 8	Maryland Sheep and Wool Festival, Vendor, book promotion	West Friendship, MD
May 12 - 14	Continuous Strand Weaving Workshop, TBA	KY
June 17 - 19	Continuous Strand Weaving Workshop, Wren's Nest	East Berne, NY
June 23 - 25	Midwest Weaver's Conference, book promotion	Hancock, MI
July 9 -10.....	MOPACA Fiber "U", Vendor, Continuous Strand Workshop	Lebanon, MO
July 17 - 22.....	FIBER FURLOUGH I, Spinning, Dyeing, Felting , Hillcreek Fiber Studio	Columbia, MO
July 24.....	Blue Party, True Blue Fiber Friends	Columbia, MO
July 24 - 29.....	FIBER FURLOUGH II, Weaving of all types , Hillcreek Fiber Studio	Columbia, MO
July 31 - Aug 5.	Christianson Native Craft Workshop, Continuous Strand, Inkle, and Tablet Weaving	Shannondale, MO
August 17 - 21.	Michigan Fiber Fest, Continuous Strand Weaving, Vendor	Allegan, MI
Sept 10 - 11	MISSOURI DYE PLANTS , Hillcreek Fiber Studio	Columbia, MO
Sept 21 - Oct 1.	Eastern Primitive Rendezvous, Suttler, Continuous Strand, Inkle, Tablet, Dyes	Franklin, VA
Nov 5 - 7	CONTINUOUS STRAND WEAVING, Beginning through Advanced, Triangle, Square and Rectangle Shapes , Hillcreek Fiber Studio	Columbia, MO
Nov 13 - 18	NAVAJO WEAVING - BEGINNING TO ADVANCED , with Sarah Natani, HFS	Columbia, MO

All workshops are taught by Carol Leigh Brack-Kaiser, unless otherwise noted.

Events in BOLD and ALL CAPS are workshops offered at *Hillcreek Fiber Studio*

Call 1-800-TRI-WEAV (874-9328) to register for weaving, spinning, and dyeing workshops.

Bed and Breakfast at Hillcreek Fiber Studio is available for students.

Scholarship opportunity If you would like some financial assistance to attend a Hillcreek Fiber Studio workshop, please inquire about our Scholarship Fund.

May through June: Now arranging book tour with trunk show and workshops for Guilds, Conferences, and Yarn Shops
Please call if you are interested in arranging an event in your area. Have looms and book, will travel!

2011 will focus on promoting the book, offering workshops at events and at the Studio, and on offering supplies through our Website: www.hillcreekfiberstudio.com

Workshops Offered at Hillcreek Fiber Studio

Nestled in the Little Bonne Femme Creek Valley amidst woods and pastures in view of a major state park Hillcreek Fiber Studio offers the serenity for a true get-away. Let someone else do the cooking. Just focus on learning a new skill or on exploring an older one. Cuddle up with a book from over 800 titles on the shelves. Relax. You deserve some quiet time for yourself.

Workshops at Hillcreek Fiber Studio allow the student to immerse her or himself in the study and exploration of a number of textile-related subjects. We continue to offer at least two sessions each year in the more popular subjects of Spinning, Natural Dyeing, Four & More Shaft Weaving, Navajo Weaving, and Continuous Strand Weaving. We periodically add classes in Spinning Special Fibers, Spinning Designer Yarns, Children's Fiber Weekend, Inkle & Tablet Weaving, Felting, Knitting, Dyeing with Lesser-known Ancient Dyes, among others, as the demand warrants. In the past we've added special workshops with guest instructors in subjects such as mushroom dyeing, and kumi-himo. Let us know what subjects interests you!

See Page 9 for Fiber Arts classes at True Blue Fiber Friends.

CONTINUOUS STRAND WEAVING METHOD ON TRIANGLE, SQUARE, OR RECTANGLE LOOMS Two or three days Nov 6 - 8, 2010. In two days students can complete a full 7-foot Triangle Shawl using the simple, unique continuous-strand weaving method. Or choose to stay three days, take your time and learn a few intermediate or advanced techniques, such as twill, leno lace, and double weave, plus color patterns such as log cabin, tartan plaids and color blending, or create wearable and household textiles on the square or rectangle loom.

BEGINNING, INTERMEDIATE & ADVANCED NAVAJO WEAVING: Five and one-half days, Nov 14 - 19, 2010. Guest instructor Sarah Natani has become family. This will be her thirteenth visit to Hillcreek Fiber Studio. Sarah's focus will be on Intermediate and Advanced Navajo Weaving techniques, including twills and two-faced structures (different design on each side) by using 4-shed techniques. Carol Leigh will assist beginning weavers. Sarah shares stories and traditions of her culture.

BEGINNING/INTERMEDIATE FOUR TO EIGHT-SHAFT WEAVING: Four days: Feb 12 - 15, 2011. Beginning students will warp their loom twice, complete two projects, learn threading and weaving techniques and how to read and understand pattern drafts and basic weaving theory. **Intermediate students** will work independently on projects with guidance from the instructor. They may choose to weave a "Colonial Weave Structure Sampler," "Tartan Dancing Shawl" or another project of their choosing.

BEGINNING SPINNING/ SPINNING DESIGNER YARNS/ SPINNING SPECIAL FIBERS.

Feb 19-20, 2011, Beginning students will learn basics of spinning, choosing and skirting fleece, cleaning, carding & combing techniques, spinning on spindles and on a variety of spinning wheels.

Feb 20-21, 2011, Designer Yarn students will learn color & fiber blending and Navajo 3-ply techniques. They will create novelty yarns such as slubs, knop, marl, core-spun, loop, and feather yarns, among others.

Spinning Special Fibers students will dress distaffs and spin Flax, unwind cocoons & spin Silk from several preparations, spin Cotton and other Fine Fibers on charkas & taklis, and will Comb Wool.

ANCIENT DYES: Two-day weekend, March 5 - 6, 2011. Explore the more commonly used Ancient Dyes of Brazilwood, Indigo, Madder Root, Cochineal, Logwood, Osage Orange, and Cutch. Premordanting and altering color with afterbaths are covered. Obtain a full color spectrum and go home with dozens of colors on wool roving, raw silk, and cotton fabric.

BEGINNING & INTERMEDIATE NAVAJO WEAVING: Four days, March 26 - 29, 2011. Students will warp their looms and learn basic Navajo weaving techniques and color joins. The experience will include readings and discussions of the Navajo/Diné culture. Most students will finish a sampler, learning finishing techniques for the tight ending.

FIBER FURLOUGH ONE, Spinning, Dyeing, Felting: Five and one-half days, July 17 - 22 2011. Focus on Spinning: beginning, designer yarns, and/or special fibers; Nature Dyeing, immersion of fibers and yarns, and/or fabric and yarn painting;

and Felting, both wet and dry needle techniques, for vessels, wearables, and/or whimsical sculptures, Locker Hooking. Dye and spin your own designer yarns.

FIBER FURLOUGH TWO, Weaving of all Types: Five and one-half days, July 24-29, 2011. Focus on what you can do with yarn: Rigid heddle, Four and more-shaft structures, Navajo, Continuous strand on triangle, square or rectangle, Tapestry, Inkle, Tablet, Kilim, Pile Carpet, Fingerweaving, Kumi-himo braiding, Lucet cordage, Macrame. Obviously, no one person can explore it all, but you may choose one, two or three types to explore during the week. And what you don't have time to explore yourself you can observe others doing.

Students may choose both **Fiber Furlough** weeks for a **10% discount** on both tuition and B&B for both weeks. Create a true heirloom by designing the whole textile process - weave something the second week from the yarn you created the first week!

NATURAL DYEING, MISSOURI PLANTS: Two-day weekend, Sept 10 - 11 2011. A full color spectrum will be obtained from foraged plants within walking distance of Hillcreek Fiber Studio — red from pokeberries, blue, lavender and green from elderberries, yellows and oranges from flowers, browns and blacks from trees. Students will go home with over 60 dye samples on wool, cotton, and raw silk fabric. They may bring items of their fiber medium to dye: fiber, yarn, fabric, basket reed, quills, buttons, etc.

Private Spinning Lessons, Two three-hour days are recommended for beginning students. \$25 per hour. Dates and times To Be Arranged..

Tuition: Two days, \$130; three days, \$185; four days, \$240; five and 1/2 days, \$325. Guest instructor tuition \$425 for Sarah Natani's class. Tuition includes a hot, nutritious lunch every day. Deposit of one-half tuition will hold a space for you. Bed & Breakfast is available at the Studio at \$45 per night. Airport shuttle service available from St. Louis, Kansas City, and Columbia Regional airports to our front door. Call toll free to reserve space in a class or two: 1-800-874-9328 (TRI-WEAV). Ten percent discount for each class when two or more are registered for at the same time.

DISCONTINUED AND SALE ITEMS, continued

Unique Hand-dyed Yarns. We love carrying unique hand-dyed yarns which work so well in shawls woven on our large adjustable frame looms. Loop yarns work especially well using the continuous strand weaving method on these looms. Three of our favorites have been discontinued:

Brooks Farm Riata Yarn. Riata is a three-ply wool, kid mohair, silk strand just heavy enough to be used by itself on our large looms. Sherry Brooks' colors pool beautifully creating a Monet look to the shawl. The shimmer and elegance with the silk make it a very special yarn. We hope to be able to purchase some of their remaining stock of this yarn to dye for ourselves. Limited supply still available.

Oak Grove Diana and Potpourri Yarn. Diana wool/mohair large-loop yarn makes a cuddly warm shawl or scarf on our large looms. Potpourri wool/kid mohair/silk small-loop yarn adds a bit of textured unique elegance to any textile. Use by its self for a light-weight shawl, in combination with a worsted-weight yarn for a warm shawl, or as an accent to dress up any item. Linda McMillan's color-ways are gorgeous. We bought out Linda's remaining stock of these two yarns. Call for available colors.

Mothproof. Felters and spinners have fallen in love with this permanent, non-toxic, natural mothproofing. It is not being made any more. All remaining supply world-wide has been bought up. When it's gone it is gone. Limited supply is left at Hillcreek Fiber Studio.

Overstocked and Sale Items: 20 percent off Books

	<u>Price</u>	<u>Sale</u>
<i>Fine Fleece, Knitting with Handspun Yarn</i> , Lisa Lloyd	\$30.00	\$24.00
<i>Flax Craft in America, A Collection of Newsletters, 1993-1999</i> , Virginia Handy	23.40	19.32
<i>Hands on Dyeing</i> , Blumenthal and Kreider	19.95	15.95
<i>Intertwined, the Art of Handspun Yarn, Modern Patterns, and Creative Spinning</i> , Lexi, Boeger	29.99	24.00
<i>Spin to Knit, The Knitter's Guide to Making Yarns</i> , Shannon Okey	21.95	17.55
<i>Time to Weave, Simply Elegant Projects to Make in Almost no Time</i> , Jane Patrick	21.95	17.55
<i>Woven Structures, A Guide to Oriental Rug and Textile Analysis</i> , Marla Mallett	40.00	32.00
<i>Woven Treasures, one-of-a-kind bags with Folk Weaving Techniques</i> Sara Lamb	24.95	19.95

Treasure Books: 10 percent off

<i>Jacob Angstadt, His Diaber Book, Replica of an early 19th Century Manuscript with interpretation by Ruth Holroyd and Irike Beck</i>	49.95	44.95
Set of Two Books: <i>Jacob Angstadt, His Weavers Patron Book, Replica of an 18th Century Manuscript owned and Reproduced by Ruth Holroyd; and Jacob Angstadt Designs, Drawn from His Weavers Patron Book</i> , Holroyd & Beck	59.95	53.95
<i>How the West was Worn, Wild West Showmen, Bucking-bronco riders, Nashville legends, singing cowboys ... , who they were, what they wore, and the rodeo tailors and Western couturiers who dressed them</i> , Warren & Nottage	45.00	40.50

REPORT ON EVENTS

Convergence 2010 international weaving conference in Albuquerque this past July. This event was well attended. The Southwest is a weavers' Mecca. Denny and I visited several trading posts and yarn suppliers on this trip, including yarn suppliers: Fiesta Yarns in Albuquerque, Weaving Southwest and LaLana Wools in Taos, Tierra Wools in Los Ojos, and Brown Sheep Company in Nebraska "on our way home"; and trading posts: Two-Grey Hills, Toadalena, Lukachukai, Thunderbird Lodge at Chinle, Hubble, Burnams at Saunders, Cameron, and Tuba City. We camped on the rim of Canyon de Chelly in a Hogan near Spider Rock overlook, and spent some time in Arizona in the 112+ heat — foolish us! Visited a brother in the mountains of Colorado — to cool off!

Eastern Primitive Rendezvous, late September in Ohio. Renewed old friendships and made new while teaching shawl, inkle, and tablet weaving and giving a seminar on dyes. Denny drove the whole way to Ohio from Missouri for the last three days to help me pack up just in time to miss a rain storm. Next year this event will be in Franklin, Virginia — just an hour or so from Colonial Williamsburg. Great site. Looking forward to it!

New York Sheep and Wool, Rhinebeck, NY, and **Southeast Animal Fiber Fair**, Asheville, NC mid October. New York event went especially well. No sign of any economic down turn there! We were blessed with assistance from two great friends: Erin Bradt of Wren's Nest, who carries our looms in her shop, and Karen Clancey, weaver at Colonial Williamsburg, who has helped us at the Maryland show several years. Couldn't have handled the crowds without them!

TRUE BLUE FIBER FRIENDS

Yarn & Fiber Arts Network



Specializing in

- Unique, Hand Painted, Natural Fibers and Yarns;
 - Quality Fiber Arts Tools, Supplies, Patterns & Books;
 - Workshops with World Renowned Artists, Designers and Authors;
 - Classes and Project Advice available on any Fiber Arts Subject
- (If we don't know it, we'll learn it with you!)
- Gift Certificates available -- We SHIP!

FORUM

SHOPPING CENTER
1400 Forum Blvd, Suite 10
Columbia, Missouri 65203

(Inside the breezeway, in the "elbow" of the Forum Shopping Center.)

573-443-TBFF (8233)

tbffl@centurytel.net

Hours

Monday - Thursday: 10am-6pm

Friday: 10am - 7pm

Saturday: 10am - 5pm

Sunday: 1pm - 5pm

Bex Oliger, Partner/Sales Manager
Shella Watson, Partner/Business Mgr
Rose E. Martin, Assistant Manager

www.TrueBlueFiberFriends.com

Beginning Knitting and crochet classes are scheduled one-on-one with Bex. Classes are \$5/hour. Please call for more information and to sign up! Check our web site for more class details, www.TrueBlueFiberFriends.com Let us know if you have a specific class interest and we'll do our best to make it happen! If you would like private, one-on-one or group knitting lessons, please contact Bex at 573-443-8233 (TBFF).

True Blue Fiber Friends is here to help showcase your talents, as well as ours. Local fiber and other media artists have brought their wares to us so we can sell them for a small consignment fee. We also strongly support Missouri Pattern Designers. We currently have 5 designers highlighted and are always looking for more. If you are looking for a wonderful outlet for your fiber (or non-fibrous) habit (AKA: craft), e-mail us at tbffl@centurytel.net, phone us at 573-443-8233 (TBFF), or come in person at the Forum Shopping Center (corner of Stadium and Forum Boulevards) Suite 10 (in the breezeway of the elbow of the shopping center) in Columbia, MO.

Thank you for your support, Bex - Shella - Rose - Charlie

True Blue Fiber Friends NEWS - FALL 2010:

Settled in our NEW LOCATION!

Our new address: 1400 Forum Boulevard Suite 10, Columbia, MO 65203.

Directions from I-70: Take Stadium Blvd. (Exit #124) South, then East, to Forum Blvd. and Forum Shopping Center. We are located in the elbow of the shopping center inside the breezeway.

The move went without a hitch (if you don't count torrential downpours). Thank you so much to everyone who volunteered help moving the entire shop. We love our new location with better traffic and more classroom space!

Large selection of yarns on **CLEARANCE 75% OFF!!** Until Gone
Check our Web site for Holiday and Monthly Sales

New Items!

We held a **Members Buy-In** in October for **Araucania Yarns**. The most popular line seems to be **Ruca** which is **100% Sugar Viscose**. Yardage: **263**, Stitches: **5.5**, Needle size: **4-5**, Ball weight: **100g / \$13.95**.

Addi Bamboo Interchangeable Clicks knitting needle sets are in: **\$179.95**.

We are expecting the **Lace Tip Clicks** to show up any day, but have already presold our initial order. If you are interested in a set, let me know to add yours to our next order! The original **Turbo Clicks** fly off the shelves and we are expecting more of those soon as well. **Addi Clicks Interchangeable Sets** are the ultimate tool for every knitter's collection.

What a privilege to have hosted Lucy Neatby, author of *Cool Knitters Finish in Style* (which we'll have stock in early November - reserve your copy now).

We had five exceptional workshops with Lucy. We now understand how to keep our stitches happy, and can do steeks, short rows, button holes, and much more with confidence.

We now carry a variety of her **patterns** \$6 - \$12 each, and **instructional DVDs** on knitting techniques, \$29 each, including: **Knitting Essentials 1 & 2**, **Knitting Gems 1-4**, **Knitting Venus 1 & 2**, and **Finesse Your Knitting 1 & 2**. Each video covers a wide variety of techniques that will clarify just about any knitting question you might have.

Bex's Knitting Patterns

Knitting Patterns. Two have been designed for Frog Tree's Meriboo Yarn: *Meriboo Reversible Cable Scarf* and *Two-color Brioche Hat*, and are available for purchase. If you are on Ravelry.com, you can download the pdf version there for \$5. The *Double-Knit Trinity Tam* with Celtic knot design, knit from Jojoland Melody and Ballad yarns, is now available for \$7. Bex's *Olympic Diamond Bag* (\$7) was knit from Brown Sheep Company Lamb's Pride worsted. Also order by calling 573-443-8233 (TBFF). See pictures on page 10.

Blue Parties- The next one is Sunday April 10, 2011, then again July 24, in-between Hillcreek Fiber Studio's Fiber Furloughs One and Two.

"Blue Parties" have become a regular semi-annual event here at True Blue Fiber Friends. People start anticipating the next one almost before the blue pots are put away. Start planning now. Collect your t-shirts and dyeable yarns, and hope for sunshine.

The Indigo, Saxon Blue and Woad vats will be going for dipping yarns, T-shirts, small garments and fabric. Please wear old clothes and bring rubber gloves, sea shells, rubber bands and other materials to tie into T-shirts. You will need plastic bags to take wet stuff home. We'll have the castrator available. (If you don't know what we use that for, you'll have to come see!) Plan on being here at least an hour to get a true blue color. If you have come to a "blue party" before, please tie your yarns properly before hand. If the weather cooperates, we will take the t-shirt vat outside. Dress accordingly. Snacks, drinks and goodies are encouraged. It is a party. Bring your knitting and hang out if dyeing is not your thing. You can still get your "blueditude" on! If you're planning on coming, let us know so Bex can plan stock solution amounts accordingly. A donation of \$5 per 3 skeins or 2 t-shirts will be greatly appreciated.



Carol Leigh and Bex at a Blues Party at True Blue Fiber Friends



Reversible Cable Scarf



Two-color Brioche Hat

Double-Knit Trinity Tam



Olympic Diamond Bag



Mid Missouri Knitting Guild

The Mid Missouri Knitting Guild was established to promote the art of knitting in our communities and to further our own knitting abilities. Meetings are open to anyone (first Saturday of each month, 3-5 pm at TBFF.) We are involved in teaching knitting to youth through 4-H and library programs and to the elderly and disabled through RSVP (Retired and Senior Volunteer Program). We also teach and knit in public at area events such as the National Small Farm Trade Show and Conference and Columbia Earth Day Celebrations. If you or your group would like help getting started knitting, or help organizing a charity knitting event, please contact True Blue Fiber Friends and they will bring your suggestion to the next Guild meeting.

The Mid Missouri Knitting Guild is co-sponsoring "Yarn Parties" approximately once a month at the Daniel Boone Regional Library in Columbia, Thursdays 6:30—8:00 pm. This is a creative yarn crafting outlet for kids and their families. If you are available to help guide the kids, please come! Check library Web site for monthly dates.

CLASSIFIEDS: Equipment/Fibers

Handmade Hardwood Maple Baskets-with an unconditional life-time guarantee - NO MATTER WHAT! crafted by & available from "The Basketman" at www.thebasketman.com, or 4960 William Flynn Hwy, Suite 6 PMB136, Allison Park, PA 15101; 800-925-2412

16 Harness 15" 6 dent reed, Niles Leclerc table loom with stand, cloth front and back beams, in great condition. \$500 OBO Kathy Berlincourt Battle Creek, MI
ShawlsbyKathy@aol.com 269-963-9069

Ashford Table Swift - Current retail, \$129, Asking \$99. Call 1-800-874-9328 (TRI-WEAV)

4 harness, 17" 15 dent reed, sectional back beam, custom handmade loom. Weaves wonderfully and is very pretty. \$250 OBO Kathy Berlincourt Battle Creek, MI ShawlsbyKathy@aol.com 269-963-9069

Whole Pack of Wolves at Hillcreek Fiber Studio! We currently have in stock every size of Schacht Wolf loom for sale: 8-shaft Mighty Wolf and 4-shaft Mighty Wolf (both 36" weaving width), 8-shaft Baby Wolf and 4-shaft Baby Wolf (both 26" weaving width), 4-shaft direct tie-up Wolf Pup and even the NEW 4-shaft 6-treadle Wolf Pup (both 18" weaving width)! Call toll-free for details: 1-800-874-9328 (TRI-WEAV).

Handmade Walnut Saxony Spinning Wheel with Distaff. Excellent Condition. Upright lazy kate with 3 extra bobbins. \$450 or best offer. Call toll-free 1-800-874-9328 (TRI-WEAVE)

2010 - 2011 Event Contacts

Alafia River Rendezvous, Jan 12 - 22, 2011, Homeland, FL, www.floridafrontiersmen.com.

Missouri Fiber Arts Retreat, Feb 25-27, 2011, Jefferson City, MO, www.missourifiberartists.com

Fiber Retreat, March 11 - 13, 2011 Jefferson City, MO, carroll-bartlett@missouri.edu

Maryland Sheep & Wool Festival, May 6-8, 2011, Howard County Fairgrounds, West Friendship, MD, www.sheepandwool.org

Midwest Weaver's Conference, June 23-25, 2011, Finlandia University, Hancock, MI, Upper Peninsula, www.midwestweavers.com; Jean Lind, jlind@jamadots.com; Mary Brownell, mbweave@jamadots.com.

Fiber "U" - Fun, Fiber, and You! MOPACA event, July 9-10, 2011, Lebanon, MO, Liz Mitchko, 417-533-5280, info@whirlwindranch.com

Christianson Native Craft Workshop, July 31 - Aug 5, 2011, Shannondale, MO, Contact: Barb Johnson, RR1, Box 301, Rolla, MO 65401, 573-435-6455, cncwdirector@gmail.com

Michigan Fiber Fest, August 17 - 21, 2011, Allegan County Fair Grounds, Allegan, Michigan, www.michiganfiberfestival.org

Eastern Primitive Rendezvous, Sept 21-Oct 1, 2011, Franklin, VA, *Flick, Booshway*, www.nmlra.org, www.nrlhf.org

We hope to see you at these events!!

Errata: Last issue I mentioned Elizabeth Kontras' success in marketing her shawls. We inadvertently misspelled the name of her business. The correct spelling is "Saddle Chic Hardware."

Presentations and Workshops on the Road Available for Guild and Conference presentations:

Taste of Turkey, a Travelog
by Carol Leigh Brack-Kaiser

Includes pictures and videos of Carol Leigh's adventures during an 18-day stay in Turkey, including the operation of Mehmet Girgic's felting business in Konya, pile carpet weaving in the mountain village of Tascali, Kilim weaving by Carol Leigh's personal mentor, a Whirling Dervish ceremony, and much more. Presentation includes hand's-on Kilim loom, kilims, carpets, and feltwork; natural-dyed fibers and yarns from Mehmet's Traditional Turkish Dye Workshop at Carol Leigh's Studio, and more. Contact Carol Leigh for more information.

Continuous Strand Weaving Method on Triangles, Squares, and Rectangles

Presentation with demonstration of the techniques on each shape. Includes Trunk Show of fashions and other projects made using this method on all three shapes.

Workshops: One to Three-day Continuous Strand Weaving

We bring all triangle, square, and rectangle looms, tools, and appropriate yarns for student projects.

All of our products may be ordered on our toll-free line:

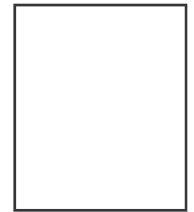
1-800-TRI-WEAV (874-9328)

or on our Website: www.HillcreekFiberStudio.com
 with a secure "Shopping Cart" WebStore

We accept MC/Visa/Discover

AUTUMN, 2010 ISSUE
HILLCREEK FIBER NEWS

Carol Leigh's Specialties
 HILLCREEK FIBER STUDIO
 7001 Hillcreek Road
 Columbia, MO 65203

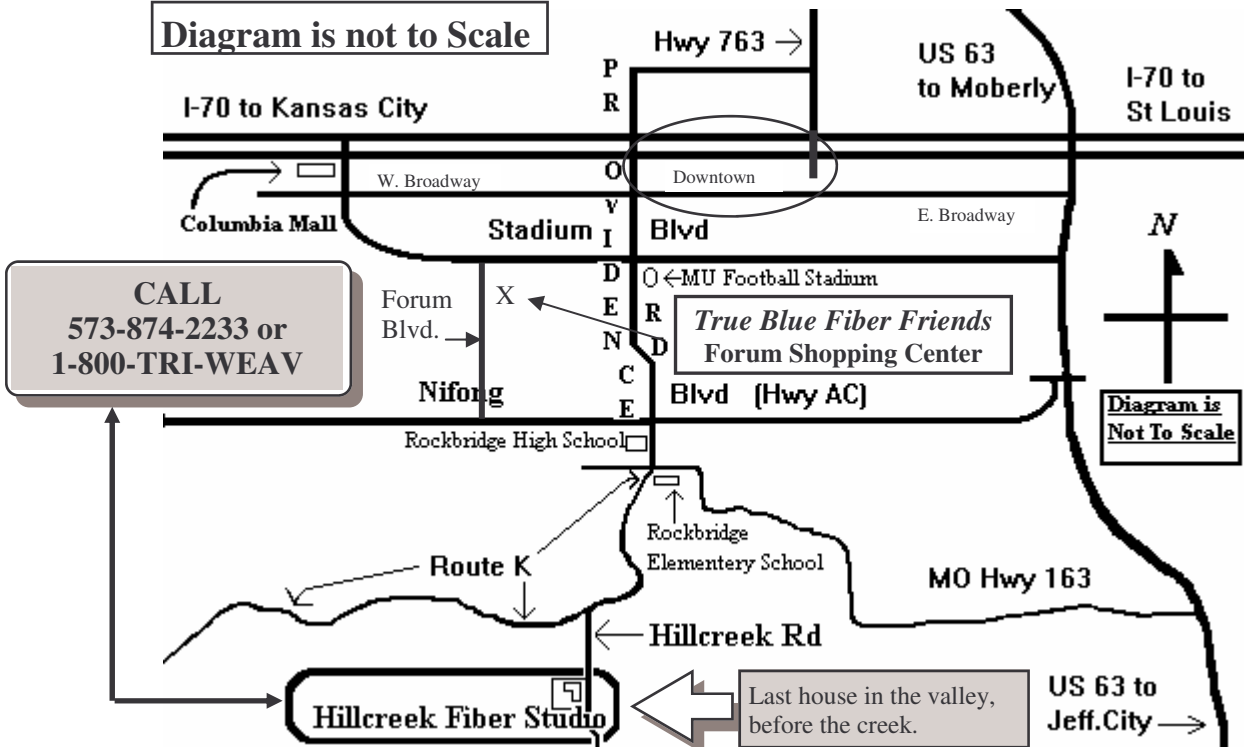


Return Service Requested



Directions to visit *Carol Leigh's Hillcreek Fiber Studio*

Diagram is not to Scale



Before coming to the STUDIO, GIVE US A CALL so we won't miss YOU