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HILLCREEK FIBER NEWS

Published twice yearly by

Carol Leigh's Specialties

Established 1982

Specializing in Custom Handwoven Textiles, Nature-Dyed Fibers, Handspun Yarns using natural fibers and dyes

Home of the

Spriggs 7' Adjustable Triangle & Rectangle, and 5' Adjustable Square Frame Looms

HILLCREEK FIBER STUDIO

Established 1986

Specializing in Workshops in Nature-dyeing, Spinning, and Weaving, and in related tools, supplies and books

Bed & Breakfast and Airport Shuttle Service from St Louis & Kansas City available for students

Carol Leigh's
HILLCREEK FIBER STUDIO

Autumn 2009, Vol XXVIII, No 2

Event Calendar for 2010

Subscription \$8.00/year for two issues

Autumn & Holiday Greetings, Fiber Friends!



We hope this holiday season finds you well and employed! During these hard economic times we find more people are hunkering down, doing fiber crafts at home, and selling handmade items at farmers markets and other venues. National Public Radio had a feature program a month or so ago regarding the current trend towards crafting at home. Not a bad thing! Let us help you find just the right supplies and an opportunity for you to market your wares. Daughter Bex and friend Shella's **True Blue Fiber Friends** provides a venue for handmade items on consignment. See her contact information on page 8. And check out our web site: www.hillcreekfiberstudio.com for supplies.

In an effort to save a few trees and \$\$\$ too, we are focusing on sending our semi-annual newsletter by e-mail. Many of you are receiving it this way already. Please **update your e-mail** address by sending a note to our webmaster Phil Spriggs at sbg234@gte.net. If you would like to **continue receiving our hardcopy newsletter**, please **remit \$8 per two issues** by check, or call with credit card info, through the contact information found in the box on the lower right of this page. Thanks. See all newsletter pictures in color in the on-line version also found on our web site: www.hillcreekfiberstudio.com/newsletter09-2.html.

In this newsletter you will find: a feature article on **Handspun Art Yarn, the New Wave** -- new cottage industry provides funky batts for the handspinner, page 3. **The Last Wheel Standing** limited edition signed and numbered prints of a Rick Reeves 30-inch fancy saxony spinning wheel, page 4. Recent weavings by Carol Leigh: **Rose and her Wedding Shawl** and **Soaring Eagle Navajo-style Vest** page 4. **Event and Workshop Calendar**, page 5. **Hillcreek Fiber Studio Workshops: Beginning Spinning, and Spinning Designer Yarns** back on the workshop schedule, page 6. Rare opportunity for **Lesser Known Ancient Dyes**, page 4. **Natural Dye and Fiber Aids, what do all those ingredients do?**, page 7. **New Merchandise and Merchandise Sales**, page 7. **True Blue Fiber Friends** ad, classes, new products, sales and more, pages 8-10. **Classified Ads and Event Contacts**, page 11.

Note to Santa: We make every attempt to make and send orders for the holidays for timely delivery. Please help us by ordering early. Orders for the Adjustable looms and other items manufactured by Hillcreek Fiber Studio should be placed no later than December 16. Thanks. Ask for our full-product 48-page catalog, or check our website with secure shopping cart, for great gift ideas.

Carol Leigh's Specialties and

HILLCREEK FIBER STUDIO

for weaving, spinning, and dyeing
supplies & Workshops

7001 S Hill Creek Road, Columbia, MO 65203

Call 573-874-2233 for inquiries,
or the toll free number:

1-800-TRI-WEAV (874-9328) for placing orders

Web Site: www.HillcreekFiberStudio.com

with an *on-line* Shopping Cart WebStore

SUBSCRIPTION RATES:

Annual subscription rate for *Hillcreek Fiber News* is \$8.00 for two issues, Spring and Autumn. Single Copy, \$5.00. Students and customers with purchases during the year of \$20 or more will receive a complimentary issue.

CLASSIFIED AD RATES:

For a listing under **Equipment/Fiber Sources** or other classified columns, please remit \$10 by March 15, 2010 for inclusion in the Spring, 2010 issue. Limit ad to 30 words in addition to your name, address & phone number. (See Page 11.) Circulation is now around 7000 fiber-interested people.

WEAVING STUDIO HOURS:

Hillcreek Fiber Studio is a working studio & mail order service. Please call **573-874-2233** or **1- 800-874-9328** before planning a trip to the Studio. **Studio hours** are: **Tuesday through Saturday**, 9 am to 5 pm, by appointment only. At other times, please leave a message and we will return your call ASAP.

DEALERSHIPS

carried by **Carol Leigh's HILLCREEK FIBER STUDIO**

ALLIANCE IMPORTS Dyes

AURORA SILKS Dyes

ASHFORD Spinning Wheels, Looms and Tools

EARTHUES Natural Dye Extracts

LOUËT Spinning & Weaving Tools & Supplies

HANDWEAVERS GUILD OF AMERICA Shuttle, Spindle & Dyepot

HARRISVILLE Friendly Looms

INTERWEAVE PRESS Books and Magazines:

Handwoven, Spin-Off

SCHACHT SPINDLE CO. Looms, Wheels & Supplies

SNIPES Weaving & Spinning Tools

SPRIGGS CUSTOM WOOD PRODUCTS Adjustable Triangle, Square, and Rectangle Looms; Navajo & Inkle Looms; Drop & Navajo Spindles; Warping Boards; Maru-dai

THE SPINNING STUDIO St Blaize Combs

UNICORN BOOKS every type of fiber-related book

VICTORIAN VIDEO PRODUCTIONS

YARNS and FIBERS:

BROWN SHEEP CO., CRYSTAL PALACE, DRAGON TAILS,

ELLEN'S 1/2 PINT, FIESTA YARNS,

FROG TREE, GREAT NORTHERN, HARRISVILLE,

JAGGERSPUN, LOUËT, MAYSVILLE,

OAK GROVE, PERLE COTTONS,

SOUTHWEST TRADING, Ashford TEKAPO,

VERSEIS/FOXFIBRE, WEAVING SOUTHWEST

Partial Listing - MISCELLANEOUS Items

Sterling & Pewter Jewelry by Ram's Horn

Brass Shawl & Kilt Celtic brooches by Mountain Forge

Handmade Bookmarks/Notecards by Moosetrack Studio

Lucets by Peggy Ledrich

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HILLCREEK FIBER STUDIO WEEKEND & LONGER WORKSHOPS

Taught by **Carol Leigh Brack-Kaiser**
Instructor, unless otherwise noted

2010

- Feb 13 - 16 **BEG/INTERMED. FOUR TO EIGHT-SHAFT WEAVING**
- Feb 20 - 21 **BEGINNING SPINNING**
- Feb 21 - 22 **INTERMEDIATE SPINNING, DESIGNER YARNS**
- Feb & April Private Spinning lessons, call to set date/time
- Feb 27 - 28 **ANCIENT DYES, THE LESSER KNOWN DYES**
- April 10 - 13 **BEGINNING NAVAJO WEAVING**
- April 17 - 19 **CONTINUOUS STRAND WEAVING ON TRIANGLE, SQUARE, AND RECTANGLE FRAME LOOMS**
- June 13 - 19 **FIBER FURLOUGH ONE**
- June 20 - 25 **FIBER FURLOUGH TWO**
- Sept 11 - 12 **MISSOURI DYE PLANTS**
- Nov 6 - 8 **CONTINUOUS STRAND WEAVING**
- Nov 14 - 19 **NAVAJO WEAVING WITH SARAH NATANI**

Tuition: Two days, \$130; three days, \$185; four days, \$240; five and 1/2 days, \$325. Workshop with guest instructor, \$425. Tuition includes hot lunches. Deposit of one-half tuition will hold a space for you. Bed & Breakfast available at the Studio: \$45/night. Airport shuttle available from St. Louis and Kansas City airports to Studio. Also, some flights arrive at Columbia Regional airport. Call toll free to reserve space in a class or two: **1-800-TRI-WEAV (874-9328)**

Handspun Art Yarn, the New Wave

Some of the new spinning books remind me of retro 1960's chunky yarns with a twist -- more stuff added to the yarns to make truly art yarn. Missouri spinner David Gentsch of Ozark Handspun works with designers in New York and California creating art fashion with his fluffy and chunky tail and lock spun yarns. Definitely a new fashion statement. See Pluckyfluff and Intertwined (\$29.99) by Lexi Boeger, and Creative Spinning (\$14.95) by Daykin & Dean.

Along this theme, Stephanie Gorin has created a successful cottage industry called Loop Fiber Studio, preparing outrageous batts of fibers for handspinners to create funky art yarn. She has been known to even add shredded money to some batts! She successfully markets these on Etsy. I asked her to write an article after she attended a Continuous Strand Weaving workshop in search of a loom which would accommodate her art yarn. Our Spriggs Adjustable Tri-looms, Squares and Rectangles work perfectly! We visited her carding and spinning mill in lower New York after the Rhinebeck Sheep and Wool Festival this fall. Fascinating!!! See her pictures in color on our web site: <http://www.hillcreekfiberstudio.com/newsletter09-2.html>.

Stephanie's article:

I started Loop about four years ago and it has grown from a part-time hobby into a full-time fiber business. When people ask how I got into spinning and fiber, I always feel a bit ashamed to admit it. I started spinning before I knew how to purl and I started carding before I was a proficient spinner. I basically fell under a spell. I became fascinated with fiber as a creative medium. Making a batt is like developing a photo in a darkroom but better. As I card the different colors onto the drum, the batt appears to me slowly, like a photograph. But the real hook for me is three-dimensional. I love texture and am fascinated with the variety of textures found in different animal and plant fibers. Carding is an endless experiment in combining color and texture and I'm inspired by each discovery.

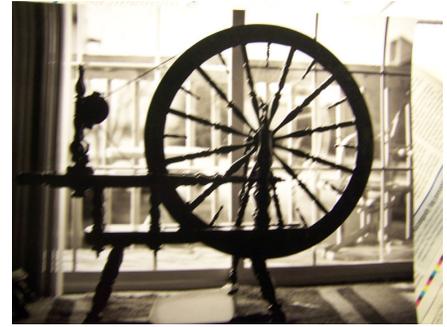
A few months ago, I moved Loop from my fiber-packed living room to a 2500 square foot studio in a pre-Civil War textile mill turned arts center in New York's Lower Hudson Valley. The new studio is like a fiber candy store. Visitors can hand pick their favorite color and fiber combinations from the rows of bins and jars lining the shelves. They can blend these ingredients on a drum carder themselves, or have me feed them into my new mini mill carding machine to make custom clouds or roving. The studio is a perfect setting for fiber gatherings and classes- from carding to spinning and felting to weaving. Most recently I co-taught a creative carding and art yarn spinning workshop with Lexi Boeger of Pluckyfluff. I hope that Loop will evolve into a learning and teaching fiber arts community and plan to bring in the most talented instructors- perhaps Carol Leigh herself. I know first hand what an amazing teacher she is.



I started my search for a loom about a year ago. I'd been spinning some super chunky, dense, almost dreadlock-like art yarn and wondered if I could weave with it. A local weaving shop agreed that none of the looms they carried would work with such thick and dense yarn, but they suggested I check out tri-loom weaving, since yarn of any thickness can be used. About a month later, my siblings chipped in to get me the best birthday present ever- the adjustable rectangle loom from Hillcreek Fiber Studio. In April, I went out to Missouri for the continuous strand weaving workshop with Carol Leigh and it was really incredible. While I was there I wove my first project- a scarf made with five of my handspun yarns. I wanted to try something different with the design and Carol Leigh helped me figure out how to do it. I love the results!

Loop spinning batts have appeared on the cover of Spin Off Magazine (Winter 2007), and have been featured on the pages of Spin Off, Craft Magazine, Knittyspin, DIY City Mag, and numerous spinning websites, blogs, and forums. Loop batts, roving, clouds, and handspun yarn can be purchased at www.loopfiberstudio.com. Steph Gorin can be contacted at loopfiberstudio@gmail.com.

The Last Wheel Standing For 37 years, from 1964 to 2001, Rick and Marge Reeves produced over 11,000 handmade spinning wheels, along with many other products in their woodturning business. Many spinners value their Reeves wheels as some of the most beautiful and best functioning reproduction wheels recently made. We at Hillcreek Fiber Studio carried their wheels and were sorely disappointed when they were forced out of business. We feel honored to have our son Carl Spriggs be their official bobbin maker for those who have one of their original wheels and need more bobbins.



Denny and I were delighted to see and visit with Rick and Marge last summer at Midwest Weavers Conference in Grinnell, Iowa. They are well and enjoying their retirement. We would like to help them promote a beautiful, signed print of their custom spinning wheel made from fine cherry wood with carved hummingbirds on the wheel uprights, loose rings on the spokes, wood inlaid roses on the base along with other unusual features. The limited edition 11" x 17" prints are numbered and signed by Rick. Only 100 will be printed. They come matted and with a history of Reeves wheels for \$125 plus shipping. Contact Rick and Marge at 5 Parkview Drive # 17, Parkview, IA 52748, 563-285-2379.



Wedding Bells This newsletter is coming to you a little late this year. We were just a little busy September and early October preparing for our daughter Rose's wedding. She has married a fine young man, William Martin, currently in the marine reserves. The wedding was held outdoors in a beautiful park in Columbia, indoor reception nearby. The sun actually shined following three days of torrential downpour. Knowing it would be chilly, I wove a lace and twill variation wedding shawl in silk and cotton, using both row and spot leno to create a trefoil design. (Yes, it will be in "the book." I just knew you would ask!)

after 19 years on the loom, my vest is finished!! I actually lined it and wore it in the fashion show at Midwest Weavers' Conference last June! Every year when Sarah came she would ask, "Is it going to be finished *this* year?" It was started 1990 at a workshop with Sarah Natani following the international weaving conference Convergence in San Jose. It has been through our house fire in 1994 where the warp was burned and the weaving collapsed, having to be restrung before continuing the weaving. It is made of handspun and natural dyed churro yarns. The Soaring Eagle design was inspired by my workshop with Noel Bennett in 1983 following a weaving conference in Minnesota. My two oldest children were about grown. I had just started my business and felt as though my life was about to soar, thus my name chosen by the group during the workshop "Soaring Eagle."

Soaring Eagle Navajo-Style Woven Vest Speaking of weaving projects — finally,



Natural Dyeing Rare Opportunity About once every four years we offer a workshop here at Hillcreek Fiber Studio exploring the lesser known ancient dyes — ones used in non-European countries over the past centuries, such as **Alkanet Root** grey/violet (used by the Egyptians for dyeing hair among other things), **Annatto Seeds** orange/yellow (grown in Mexico and used as food coloring as well as dyeing), **Fustic** gold/yellow (commonly used centuries ago but rarely today), **Woad** blue (ancient Picts and Northern Europeans used this before indigo was imported), **Lac** red (Chinese used these insects for lacquer red), **Pomegranate rinds**, **Myrobalan**, and **Henna** tan/yellow/red-brown (near Eastern countries used these for dyeing hair and fabrics, Persian carpets, and painting hands), **Quercitron** bright yellow, scarlet when combined with cochineal (developed by Bancroft from black oak inner bark as an export from the US during late 1700s/early 1800s for its potency and intense color), **Safflower** yellow on protein fibers/screaming pink on cotton and silk (used by Europeans for special garments or for ribbons to tie important documents — thus the origin of "red tape"), and **Weld** yellow (important early European dye, rarely found or used today). We will study and explore various actual early recipes for each dye. This was a very popular class when it was last offered, sign up early. Class size is limited.

Hillcreek Fiber Studio 2010 Workshop and Event Calendar

<u>Date</u>	<u>Workshops/Events</u>	<u>Location</u>
<u>2 0 1 0</u>		
Dec 2009-Jan 2010	work on finishing book	
January 13-23	Alafia River Rendezvous (if book is finished)	Homeland, FL
Feb 13 - 16	BEG/INTERMED FOUR TO EIGHT-SHAFT WEAVING , Hillcreek Fiber Studio	Columbia, MO
Feb 20 - 21	BEGINNING SPINNING , Hillcreek Fiber Studio	Columbia, MO
Feb 21 - 22	INTERMEDIATE SPINNING, Spinning Designer Yarns , HFS	Columbia, MO
Feb 27 - 28	ANCIENT DYES, The Lesser Known Ones , Hillcreek Fiber Studio	Columbia, MO
Mar 7	Blues Party, True Blue Fiber Friends	Columbia, MO
Mar 12 - 14	Fiber Retreat, Lincoln University Extension, Vendor, Continuous Strand Weaving	Jefferson City, MO
Mar 18 - 21	Tropical Handweavers Conference, Continuous Strand Weaving	Eustis, FL
Apr 10 - 13	BEGINNING NAVAJO WEAVING , Hillcreek Fiber Studio	Columbia, MO
Apr 16 - 18	Missouri Fiber Artists Conference	St. Charles, MO
Apr 17 - 19	CONTINUOUS STRAND WEAVING , Hillcreek Fiber Studio	Columbia, MO
May 1 - 2	Maryland Sheep & Wool Fest, Vendor	West Friendship, MD
May 7 - 9	Continuous Strand Weaving Workshop, Mannings School	East Berlin, PA
June 1 - 6	Ft d'Chartres Rendezvous	Prairie du Rocher, IL
June 13 - 18	FIBER FURLOUGH ONE - - Spinning , Dyeing, and Felting Beginning Spinning, Spinning Special Fibers, and/or Spinning Designer Yarns, Dyeing and Painting with Natural Dyes, Felting Wet and Dry, HFS	Columbia, MO
June 20	Blues Party, True Blue Fiber Friends	Columbia, MO
June 20 - 25	FIBER FURLOUGH TWO , Weaving of all Types: Continuous Strand weaving on Triangles, Squares, and Rectangles; Navajo & Kilim Tapestry; Pile Carpet; Four to eight-shaft on Floor and Table Looms; Rigid Heddle, Inkle, Tablet, Finger Weaving , HFS	Columbia, MO
July 9 - 11	Fiber "U" - Fun, Fiber & You! A MOPACA event, Vendor	Lebanon, MO
July 18 - 25	Convergence International Weaver's Conference, Vendor	Albuquerque, NM
Jul 26-Aug 8	Denny and Carol Leigh's 30th Anniversary Vacation	
Aug 20 - 22	Michigan Fiber Festival, Allegan County Fair Grounds, Vendor, Continuous Strand Wkshp	Allegan, MI
Sept 11 -12	NATURAL DYEING: Missouri Dye Plants , Hillcreek Fiber Studio	Columbia, MO
Sept TBA	Private Lessons, HFS, Call to set times	Columbia, MO
Sept 23-Oct 3	Eastern National Primitive Rendezvous, Sutler, seminars, Snode's Farm	Minerva, OH
Oct 15 - 17	New York Sheep & Wool Fest, Vendor, Dutchess Co Fairgrounds, Bldg 22	Rhinebeck, NY
Oct 22 - 24	Southeast Animal Fiber Fair, Vendor, Continuous Strand workshops	Asheville, NC
Nov 6 - 8	CONTINUOUS STRAND WEAVING , Hillcreek Fiber Studio	Columbia, MO
Nov 14 - 19	NAVAJO WEAVING - INTERMED TO ADVANCED , with Sarah Natani, HFS	Columbia, MO

**2010 will be our last year to vend at large shows
2011 will focus on promoting the book and offering workshops
and supplies at the Studio and through our Website**

All workshops are taught by Carol Leigh Brack-Kaiser, unless otherwise noted.
Events in BOLD and ALL CAPS are workshops offered at *Hillcreek Fiber Studio*

Call 1-800-TRI-WEAV (874-9328) to register for weaving, spinning, and dyeing workshops.
Bed and Breakfast at Hillcreek Fiber Studio is available for students.

Scholarship opportunity If you would like some financial assistance
to attend a Hillcreek Fiber Studio workshop, please inquire about our Scholarship Fund.

Workshops Offered at Hillcreek Fiber Studio

Nestled in the Little Bonne Femme Creek Valley amidst woods and pastures in view of a major state park Hillcreek Fiber Studio offers the serenity for a true get-away. Let someone else do the cooking. Just focus on learning a new skill or on exploring an older one. Cuddle up with a book from over 800 titles on the shelves. Relax. You deserve some quiet time for yourself.

Workshops at Hillcreek Fiber Studio allow the student to immerse her or himself in the study and exploration of a number of textile-related subjects. We continue to offer at least two sessions each year in the more popular subjects of Spinning, Natural Dyeing, Four & More Shaft Weaving, Navajo Weaving, and Continuous Strand Weaving. We periodically add classes in Spinning Special Fibers, Spinning Designer Yarns, Children's Fiber Weekend, Inkle & Tablet Weaving, Felting, Knitting, Dyeing with Lesser-known Ancient Dyes, among others, as the demand warrants. In the past we've added special workshops with guest instructors in subjects such as mushroom dyeing, and kumi-himo. Let us know what subjects interests you!

See Page 9 for Fiber Arts classes at True Blue Fiber Friends.

BEGINNING/INTERMEDIATE FOUR TO EIGHT-SHAFT WEAVING: Four days: Feb 13 - 16, 2010. Beginning students will warp their loom twice, complete two projects, learn threading and weaving techniques and how to read and understand pattern drafts and basic weaving theory. **Intermediate students** will work independently on projects with guidance from the instructor. They may choose to weave a "Colonial Weave Structure Sampler," "Tartan Dancing Shawl" or another project of their choosing.

BEGINNING SPINNING/ SPINNING DESIGNER YARNS/ SPINNING SPECIAL FIBERS. Feb 20-21, 2010, Beginning students will learn basics of spinning, choosing and skirting fleece, cleaning, carding & combing techniques, spinning on spindles and on a variety of spinning wheels. **Feb 21-22, 2010, Designer Yarn students** will learn color & fiber blending and Navajo 3-ply techniques. They will create novelty yarns such as slubs, knop, marl, core-spun, loop, and feather yarns, among others.

Spinning Special Fibers students will dress distaffs and spin Flax, unwind cocoons & spin Silk from several preparations, spin Cotton and other Fine Fibers on charkas & taklis, and will Comb Wool.

Private Lessons, Two three-hour days are recommended for beginning students. \$25 per hour. Dates and times TBA.

DYEING with the LESSER KNOWN ANCIENT DYES: Two-day weekend, February 27 - 28, 2010. Explore recipes for the lesser known dyes such as alkanet, annatto seeds, fustic, lac, myrobalan, pomegranate rinds, quercitron, red sandalwood, safflower petals, woad and weld. Obtain a full color spectrum and go home with dozens of colors on wool roving, raw silk, and cotton fabric.

BEGINNING & INTERMEDIATE NAVAJO WEAVING: Four days, April 10 - 13, 2010. Students will warp their looms and learn basic Navajo weaving techniques and color joins. The experience will include readings and discussions of the Navajo/Diné culture. Most students will finish a sampler, learning finishing techniques for the tight ending.

CONTINUOUS STRAND WEAVING METHOD ON TRIANGLE, SQUARE, OR RECTANGLE LOOMS Two or three days April 17 - 19, 2010 & Nov 6 - 8, 2010. In two days students can complete a full 7-foot Triangle Shawl using the simple, unique continuous-thread method. Or choose to stay three days, take your time and learn a few intermediate or advanced techniques, such as twill, leno lace, and double weave, plus color patterns such as log cabin, tartan plaids and color blending, or create wearable and household textiles on the square or rectangle loom.

FIBER FURLOUGH ONE, Spinning, Dyeing, Felting: Five and one-half days, June 13 - 18, 2010. Focus on Spinning: beginning, designer yarns, and/or special fibers; Nature Dyeing, immersion of fibers and yarns, and/or fabric and yarn painting; and Felting, both wet and dry needle techniques, for vessels, wearables, and/or whimsical sculptures, Locker Hooking. Dye and spin your own designer yarns.

FIBER FURLOUGH TWO, Weaving of all Types: Five and one-half days, June 20-25, 2010. Focus on what you can do with yarn: Rigid heddle, Four and more-shaft structures, Navajo, Continuous strand

on triangle, square or rectangle, Tapestry, Inkle, Tablet, Kilim, Pile Carpet, Fingerweaving, Kumi-himo braiding, Lucet cordage, Macrame. Obviously, no one person can explore it all, but you may choose one, two or three types to explore during the week. And what you don't have time to explore yourself you can observe others doing.

Students may choose both **Fiber Furlough** weeks for a **10% discount** on both tuition and B&B for both weeks. Create a true heirloom by designing the whole textile process - weave something the second week from the yarn you created the first week!

NATURAL DYEING, MISSOURI PLANTS: Two-day weekend, Sept 11 - 12 2010. A full color spectrum will be obtained from foraged plants within walking distance of Hillcreek Fiber Studio — red from pokeberries, blue, lavender and green from elderberries, yellows and oranges from flowers, browns and blacks from trees. Students will go home with over 60 dye samples on wool, cotton, and raw silk fabric. They may bring items of their fiber medium to dye: fiber, yarn, fabric, basket reed, quills, buttons, etc.

BEG, INTERMED & ADVANCED NAVAJO WEAVING: Five and one-half days, Nov 14 - 19, 2010. Guest instructor Sarah Natani has become family. This will be her thirteenth visit to Hillcreek Fiber Studio. Sarah's focus will be on Intermediate and Advanced Navajo Weaving techniques, including twills and two-faced structures (different design on each side) by using 4-shed techniques. Carol Leigh will assist beginning weavers. Sarah shares stories and traditions of her culture. Guest instructor tuition \$425.

Tuition: Two days, \$130; three days, \$185; four days, \$240; five and 1/2 days, \$325. Tuition includes a hot, nutritious lunch every day. Deposit of one-half tuition will hold a space for you. Tuition for Guest Instructor Workshops will be higher. Bed & Breakfast is available at the Studio: \$45 per night. Airport shuttle service available from St. Louis, Kansas City, and Columbia Regional airports to our front door. Call toll free to reserve space in a class or two: 1-800-874-9328 (TRI-WEAV).

New Products at Hillcreek Fiber Studio:

Loom in a Tube, \$85 Convenient portable metal tapestry loom in a cardboard tube carrying container. The loom is great for small tapestries and beadweaving. Features adjustable height extenders for tightening warp. Two books compliment the loom, \$24.95 each: **Weaving with Knitting Yarn, Weaving with Beads & Yarns Together.**

Harrisville Reed Rack, \$89 Conveniently organizes and holds up to six reeds for floor or rigid heddle looms

FoxFibre colororganic cotton fiber for spinning. We've carried this before but have just restocked all current four colors: white, brown, green, and breeder's mix. We offer each color in 4, 8, and 16 ounce packages, as well as sample packs of all four colors in two sizes, 8 ounces and 16 ounces.

Merchandise Sales:

Alum overstock, 3 to 9 pounds 25% off, 10 or more pounds 40% off

All VHS format videos 50% off

All magazines 2006 or before, 50% off, 2007 & 2008 25% off, including Spin Off, Handwoven, Shuttle Spindle and Dyepot, and Wild Fibers

Estate Yarns: wool, cotton and linen on cones, call for availability — lots

Alpaca fibers 50% off. Lots of colors.

Treadle Trackers 25% off \$19/\$14.25

Natural Dye Aids, what do all those ingredients do?

When customers see all the ingredients listed in our dye brochure we often get the question, "What are all these ingredients for?" so I thought a little explaining might be in order.

Albegal SET: Used with synthetic dyes to help set and level the color on fibers

Alum (Potassium Alum Sulfate): common mineral salt used to hold colors onto protein fibers

Aluminum Acetate: preferred mordant to hold colors onto cellulose fibers

Calcium Carbonate (Chalk): used to help redden madder root, among other uses

Calcium Hydroxide (Lime): used with zinc for indigo vat dyeing on cotton and silk, usually when doing shibori & ikat

Chrome (Potassium Dichromate): mineral salt which dramatically alters colors (i.e., brazilwood red to purple)

Citric Acid Crystals: substitute for Acetic acid 56%, brightens and preserves colors, esp. reds from pH sensitive dyes

Copper Sulfate: mineral salt used to alter color (i.e. certain yellows to green)

Cream of Tartar: by-product of wine making, levels dye take up, counteracts alum and tin astringency on protein fibers

Ferrous Sulfate (iron): mineral salt used to dramatically darken/alter color (i.e. orange to rich brown, red to burgundy)

Gum Tragacanth: thickener to mix with natural dyes for painting

Orvus Paste (Sodium laurel sulfate): pH neutral wash for both protein and cellulose fibers, pure, no additives

Oxalic Acid: lowers pH

Retayne: removes excess dye from cellulose fibers to avoid bleeding of colors, improves wet fastness

Scour: thoroughly cleans and prepares cellulose fibers to more readily accept and hold dye

Sodium Carbonate (Soda Ash): raises pH, used in indigo vat; also used with alum to mordant cellulose fibers

Sodium Hydroxide (lye): strong alkali, raises pH, used with thiox in indigo vat for protein fibers

Sodium Sulfate (Glauber Salts): used to level dye bath

Stannous Chloride (tin): mineral salt which brightens/alters and retains color (i.e. lavender from logwood & elderberries, bright scarlet from cochineal, and screaming yellow from quercitron.)

Thiourea dioxide (Thiox or Spectralite): removes oxygen from indigo dye bath, also using for stripping color

Synthrapol: surfactant (makes water wetter), prepares fibers for dyeing, removes excess dye from protein fibers.

Tannic Acid: used with cotton and other cellulose fibers to help set dyes

Tara Powder: used with cotton or silk to help set dyes, milder than tannic acid

Tartaric Acid: similar to cream of tartar but stronger

Urea granules: used in printing and painting to promote retention of moisture and solubility of the dyes

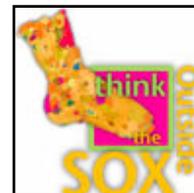
Zinc: used with lime to balance indigo for shibori and other resist techniques with indigo

Mothproof: natural, permanent, non-toxic, concentrated powder, mothPROOF (not just a repellent), which chemically binds sulfur in protein molecule so moths are not attracted. NOT an insecticide. Can be used in acid dye bath or as separate application.

Check web site, www.hillcreekfiberstudio.com, ask for dye brochure, or call 1-800-874-9328 for more clarification or to order

TRUE BLUE FIBER FRIENDS

Yarn & Fiber Arts Network



Specializing in

- Unique, Hand Painted, Natural Fibers and Yarns;
 - Quality Fiber Arts Tools, Supplies, Patterns & Books;
 - Workshops with World Renowned Artists, Designers and Authors;
 - Classes and Project Advice available on any Fiber Arts Subject
- (If we don't know it, we'll learn it with you!)**

**1206 Business Loop 70 E
Columbia, Missouri 65201**
(corner of College and Business Loop 70East)

573-443-TBFF (8233)
tbffl@centurytel.net

Hours

Monday - Thursday: 10am-6pm
Friday: 10am - 7pm
Saturday: 10am - 5pm
Sunday: 1pm - 5pm

Bex Olinger, Partner/Sales Manager
Shella Watson, Partner/Business Mgr
Rose Martin, Assistant Manager

www.TrueBlueFiberFriends.com

Mid Missouri Knitting Guild --Making Progress

Thank you to everyone who contributed and made our Rummage and Bake Sale a success! We have had several work days and have made huge changes to the Club House already-with more on the way. Work days have been scheduled for Nov 7 & 8 if you are available to help. Call TBFF for more details.

MMKG has collected and delivered 34 hats, scarves, and mittens to the kids at Rainbow House. Thank-yous go to everyone who contributed these. Stay tuned for our next charity knitting drive.

The Mid Missouri Knitting Guild is co-sponsoring "Yarn Parties" approximately once a month at the Daniel Boone Regional Library in Columbia. The next events will be Friday, November 27, 10-11:30 am and 2-3:30 pm. This is intended as a creative crafting outlet for the kids instead of shopping on "Black Friday". If you are available to help guide the kids, please come!

The Mid Missouri Knitting Guild was established to promote the art of knitting in our communities and to further our own knitting abilities. Meetings are open to anyone (first Saturday of each month, 3-5pm at TBFF.) We are involved in teaching knitting to youth through 4-H and library programs and to the elderly and disabled through Woodhaven Learning Centers and RSVP. If you or your group would like help getting started knitting or organizing a charity knitting event, please contact True Blue Fiber Friends and they will bring your suggestion up at the next guild meeting.

True Blue Fiber Friends Update:

Bex has been busy writing patterns for yarn companies. Two that have been completed for Frog Tree's new Meriboo Yarn are available for purchase. If you are on Ravelry.com, you can download the pdf version there for \$5. She will have a Double knit Celtic Tam knit from Jojoland Melody and Ballad yarn out soon. Also order by calling 573-443-8233.

TBFF 2009 Classes

November & December

Sat., **November 7**, 10 a.m. to 1 p.m.: **Tablet Weaving**. (No Experience Necessary)

A simple way to make intricate looking patterns in straps and belts.

Instructor: Bex

Sat., **November 14**, 10 a.m. to 1 p.m.: **Tunisian Crochet** - taught by Becky. Tunisian crochet uses an elongated hook, often with a stopper on the handle end. It is sometimes considered to be a mixture of crocheting and knitting.

Sat., **November 21**, 10 a.m. to 1 p.m.: **Double Knitting**. The double-knitting technique will allow you to create a reversible piece by working both sides of the item at once. Beginning DKers can make a flat coaster or trivet for a holiday gift. If you already know basic Double Knitting, let Bex get you started on the Double Knit Rib brim for her Celtic Tam.

Sat., **November 28**, 10 a.m. to 1 p.m.: **Drop Spindle Spinning**. Learn this ancient technique for creating home-spun yarn that is uniquely your own.

Sat., **December 5**, 10 a.m. to 1 p.m.: **Intarsia** - flat and in the round. Intarsia is a colorwork knitting technique used to create larger blocks of color, rather than the few-stitches-at-a-time typical with the Fair Isle technique.

Sat., **December 12**, 10 a.m. to 1 p.m.: **Last Minute Gifts in Knit and Crochet**. Two weeks until Christmas, but it's not too late to make some more gifts! Let us suggest some good quick patterns (and ways to get through them quickly) for those surprise last-minute gifts!

Sat., **December 19**, 10 a.m. to 1 p.m.: **Needle-Felted Holiday Decorations**. Learn the needle felting technique to add pretty designs to the surface of knitted objects or it's great for 3-dimensional holiday decorations!

Sat., **December 26**, 10 a.m. to 1 p.m.: **UFO Day - UnFinished Objects**. Come in today with some of your unfinished objects, and we will all work together to finish some things up! This is a great day to decompress away from the mess left from the holiday, and the presence of cookies and treats is highly likely...

Beginning Knitting classes are scheduled one-on-one with Bex. Call to arrange a time.

Classes are \$5/hour. Please call for more information and to sign up!

Check our web site for more class details, www.TrueBlueFiberFriends.com Let us know if you have a specific class interest and we'll do our best to make it happen! If you would like private, one-on-one or group knitting lessons, please contact Bex at 573-443-8233 (TBFF).

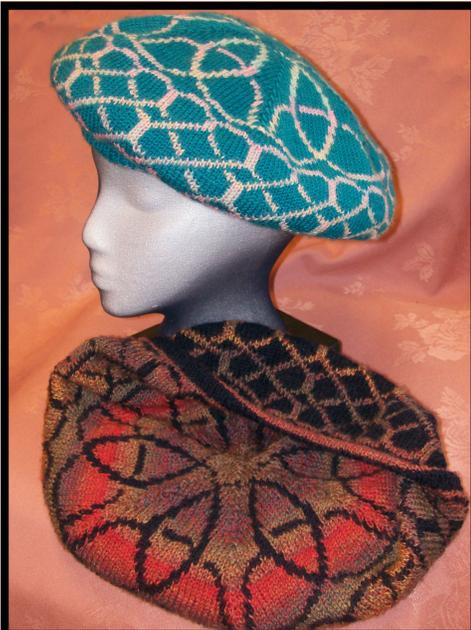
True Blue Fiber Friends is here to help showcase your talents, as well as ours. Local fiber and other media artists have brought their wares to us so we can sell them for a small consignment fee. If, by chance, you are looking for a wonderful outlet for your fiber (or non-fibrous) habit (AKA: craft), e-mail us at tbffl@centurytel.net, phone us at 573-443-8233 (TBFF), or come in person at 1206 Business Loop 70 East in Columbia, MO.

Thank you for your support, Bex - Shella - Rose - Charlie (currently 2 years & 2 months old)

True Blue continued on next page



Charlie modeling nature-dyed square blanket Grandma wove



Bex's new pattern: Double knit Celtic Tam, \$7, knit from Jojoland Melody and Ballad yarn

Blues Parties at True Blue Fiber Friends

Come get blue: bring your fibers/yarns/tied fabric to dip into one of Bex's four different indigo pots: hydrogen sulfite for protein fibers, zinc/lime for cotton or silk shibori or ikat resist dyeing, woad historic dye, or saxon blue turquoise mordant pot. Be entertained by Shella's Blues music. Small donation depending upon number of items dyed. See Event Calendar on page 5 for Blues Parties in March and June.

Great Holiday Gift Ideas

Jewelry: Hand Crafted weaving, spinning, and knitting pins, ear rings, Celtic cloak and sweater clasps, buttons, penannular shawl pins, \$7 - \$39.

"How to" and Historic books and DVDs: for weaving, spinning, dyeing, felting and other fiber arts, \$15 - \$39.95.

Spriggs Mini Mod Triangle and Square Loom Sets, great for portable small projects, \$65.

Harrisville Small Looms: potholder looms, lap looms, and Easy Weaver rigid heddle looms, \$15 - \$149.

Schacht Cricket 10" rigid heddle loom, \$135

Ashford Inklette, weaving length 72", \$53.75

Ever popular **Spriggs Adjustable Tri's, Squares, and Rectangle Frame Looms**, \$305 - \$365

Hillcreek Fiber Studio Travel Tri-loom, Squares, and Rectangles, \$85-\$121

Spindles, \$16 - \$35, and **Fibers:** wool, cotton, silk, flax, hemp, ramie, corn, soy, milk, bamboo, camel, buffalo, alpaca, mohair, churro wool, much more.

Coming Soon: Mini-Mod Pillow Patterns, \$7



Wedding Ring, five squares X five squares. Mini-mod squares are 6-inches on each side. Five squares X six inches = 30 inches -- the same length as our 30-inch Travel Rectangle Loom. The back of this pillow is made with four 30-inch rectangle panels.



Nine-patch (not shown), three squares X three squares. Three squares X six inches = 18 inches -- the same length as our 18-inch Travel Square Loom -- the perfect size for the back of a nine-patch pillow top.

Shows Throughout the Year: Please check our calendar on page 5 to see if we are coming to a show or workshop in your area. If you would like for us to bring a loom or other items for you, give us a call in plenty of time before we come.

Have Looms, will Travel: Carol Leigh is scheduling workshops on the Continuous Strand Weaving Method on Triangles, Squares, and Rectangles throughout the country. If you can not make it to Hillcreek Fiber Studio in Columbia Missouri for a scheduled continuous strand weaving workshop, check out our schedule for workshops throughout the country — we may be coming to your area. If you would like to host a workshop in your area, please contact Carol Leigh at 573-874-2233. **Traveling Workshops:** We bring all the adjustable and travel looms, tools and yarns needed for a workshop with guilds, yarn shops, and conferences. All you provide is the meeting space and students for the workshop. Included is a trunk show of items in Carol Leigh's upcoming book, Continuous Strand Weaving Method, Techniques and Projects for the Triangle, Square, and Rectangle Frame Looms.

CLASSIFIEDS: Equipment/Fibers

Handmade Hardwood Maple Baskets-with an unconditional life-time guarantee - NO MATTER WHAT! crafted by & available from "The Basketman" at www.thebasketman.com, or 4960 William Flynn Hwy, Suite 6 PMB136, Allison Park, PA 15101; 800-925-2412

Loom For Sale: 8-Harness Norwood Loom, 40" weaving dimension, w/storage Bench, spool rack, one flying boat shuttle w/14" bobbin, extra Heddles, 6" bobbins, Leclerc Tensioner. \$1600.00 In excellent condition. Many extra cones of weaving fiber.

Nancy Weaver-Potosi, Mo.
e-mail: cainweaver@yahoo.com
Phone: 573-779-3400

For Sale: Antique Tapestry Loom, 2-harness with pedals, 52-inch weaving width, very sturdy. 5' 9" tall; \$400. Contact Lynn at 573-364-4805; Missouri_artist@yahoo.com

For Sale: Used beautiful CHERRY Schacht 8-shaft floor loom with high castle, raddle, two extra reeds, and loom bench, only \$3500. New this model sells for \$4700 plus bench \$390, raddle \$119, two extra reeds \$116 each, for a total of for total value of \$5441. See at Hillcreek Fiber Studio, Columbia, MO. Pick up or will deliver within 200 miles. Contact Carol Leigh at Hillcreek Fiber Studio, 573-874-2233.

For Sale: Ashford Electric Spinner, like new, used only once to demo for potential customer, like new but several years old. Today's price for new one \$960, ours in stock only \$685. Call Hillcreek Fiber Studio, 573-874-2233.

2010 Event Contacts

Alafia River Rendezvous, Jan 13 - 23, 2010, Homeland, FL, Clayton and Janie Graves, Booshway. Booshway2010@yahoo.com, www.floridafrontiersmen.com.

Fiber Retreat, March 12 - 14, 2010 Jefferson City, MO. carroll-bartlettl@missouri.edu

Tropical Handweavers Conference, March 18 - 21, 2010, Eustis, FL (north of Orlando), Betty Ann Wyman, inquiry@ftwg.org

Maryland Sheep & Wool Festival, May 1 - 2, 2010, Howard County Fairgrounds, West Friendship, MD, www.sheepandwool.org

Mannings Handweaving School, Tom Knisely, May 7-9, 2010, East Berlin, PA; 717-624-2223, 800-233-7166; www.the-mannings.com

Fiber "U" - Fun, Fiber, and You! MOPACA event, July 9-11, Lebanon, MO, Liz Mitchko, 417-533-5280, info@whirlwindranch.com

Convergence International Weavers' Conference, July 18 - 25, 2010, Albuquerque, NM, www.weavespindye.org

Christianson Native Craft Workshop, Aug 1 - 6, 2010, Shannondale, MO, Contact: Barb Johnson, RR1, Box 301, Rolla, MO 65401, 573-435-6455, cncwdirector@gmail.com

Michigan Fiber Fest, August 20 - 22, 2010, Allegan County Fair Grounds, Allegan, Michigan, www.michiganfiberfestival.org

Eastern Primitive Rendezvous, Sept 22 - Oct 2, 2010, Snode's Farm, Minerva, OH, Dave Gott, Booshway, 330-904-1359, www.nmlra.org, www.nrlhf.org

New York Sheep & Wool Festival, Oct 15 - 17, 2010. Dutchess County Fair Grounds, Rhinebeck, NY. Contact Amy Sherman, sheepmom23@aol.com, www.sheepandwool.com.

Southeast Animal Fiber Fest (SAFF), Oct 22 - 24, 2010, County Fairgrounds, Asheville, NC, www.saffsite.org

We hope to see you at these events!!

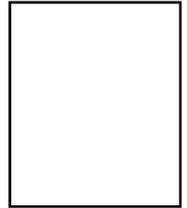
All of our products may be ordered on our toll-free line:
1-800-TRI-WEAV (874-9328)
or on our Website: www.HillcreekFiberStudio.com
with a secure "Shopping Cart" WebStore

We accept MC/Visa/Discover

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HILLCREEK FIBER NEWS

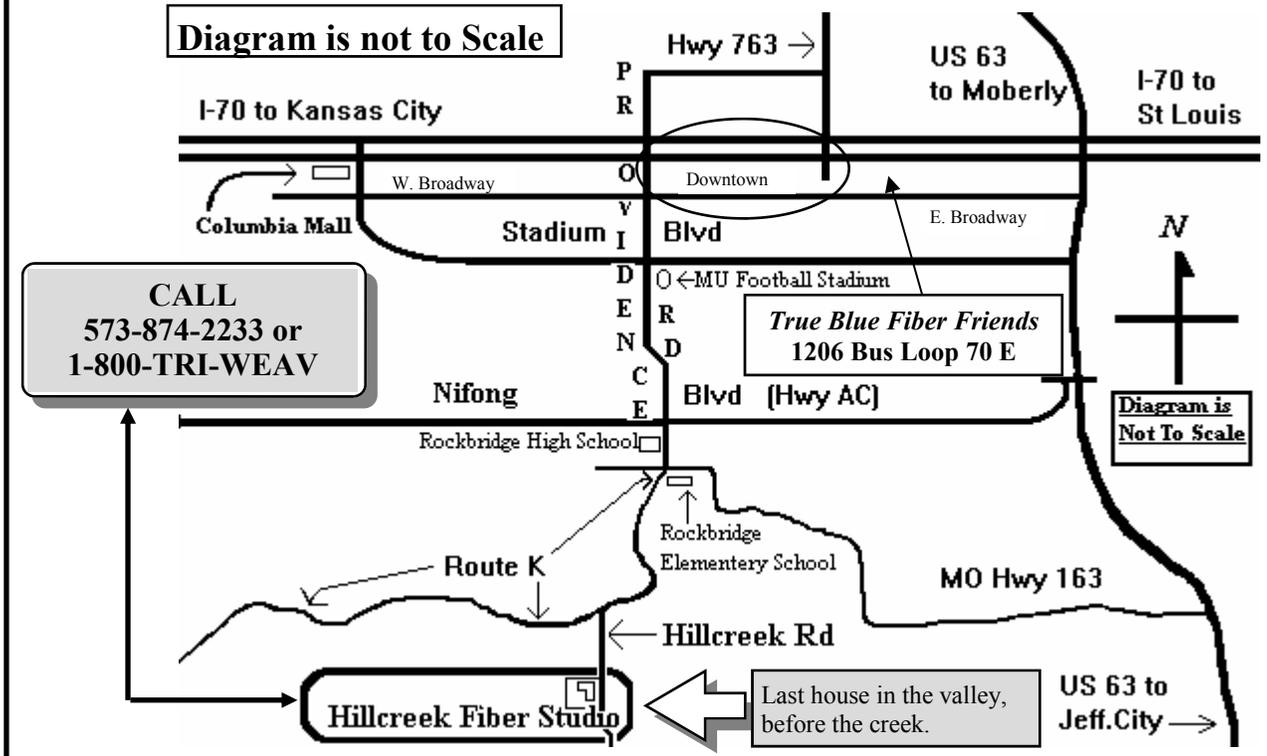
Carol Leigh's Specialties
HILLCREEK FIBER STUDIO
7001 Hillcreek Road
Columbia, MO 65203



Return Service Requested



Directions to visit *Carol Leigh's Hillcreek Fiber Studio*



Before coming to the STUDIO, GIVE US A CALL so we won't miss YOU